

Healthy Lifestyles

Five-star health and wellness news from LeConte Medical Center | 865.453.9355 | www.lecontemedicalcenter.org

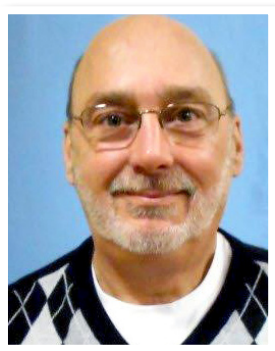
Nursing Excellence Winners!

Congratulations

TO OUR 2016 NURSING EXCELLENCE HONOREES, SELECTED BY THEIR PEERS AND LEADERS FOR EXHIBITING EXCELLENCE IN THEIR PROFESSION.



ANISSA ADCOX
Surgery



DANIEL BROWN
Fort Sanders Sevier
Nursing Home



JESSICA CARTER
Emergency Department



JON COPPENGER
Critical Care Unit



HEIDI KING
Stepdown Unit



MARILYN MILLER
Med Surg Unit



JANE PRICE
Birthing Unit

During National Nurses Week we recognize the entire nursing staff at LeConte Medical Center, Fort Sanders Sevier Nursing Home, and Thompson Cancer Survival Center – Sevier. Thank you for the outstanding care you provide to our patients.



Mark Your Calendars!

Standing Ovation Benefit Sale

May 25 & 26 | 7 a.m. - 4 p.m.

This sale features a wide variety of sterling jewelry, accessories, and other fun gifts! Sale will be held in the hospital classrooms—parking available in Lot A.

Relay For Life of Sevier County

June 4 | 2 p.m. - Midnight

Everyone is invited to attend the American Cancer Society's Relay For Life being held at Patriot Park in Pigeon Forge. Survivors' lap is scheduled for 6 p.m. Luminaria ceremony is scheduled for 9 p.m. Come out and support your community's fight against cancer!

MEDIC Blood Drive

June 10 | 11 a.m. - 6 p.m.

Blood drive will be held in the hospital classrooms. Parking available in Lot A.

Water Safety Day

June 24 | 10 a.m. - 2 p.m.

Join professionals from LeConte Medical Center and other community agencies at Dollywood's Splash Country to learn more about water safety. Help set a new world record during the World's Largest Swimming Lesson!

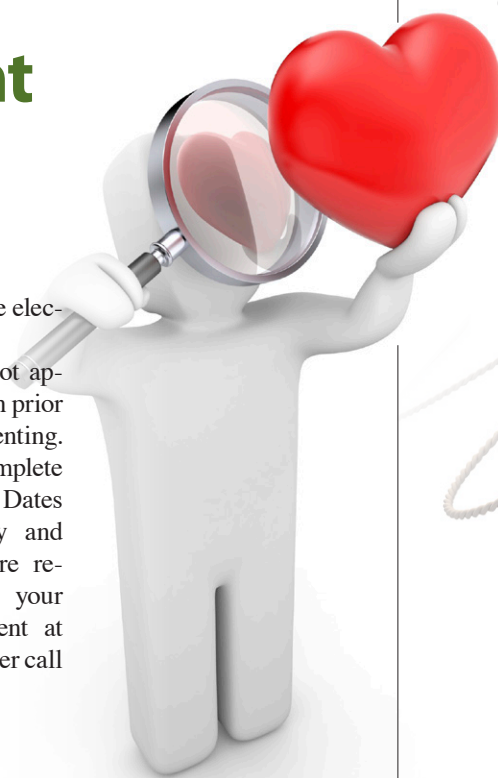
Schedule Your Appointment for a HeartScore Cardiac Risk Assessment

This simple, one-hour screening can help by identifying areas of heart risk, catching small problems before they become big ones. The HeartScore Cardiac Risk Assessment includes:

- Cardiac Calcium Scoring: An innovative screening test using a 64-slice CT scanner that measures coronary artery calcification
- Heart health self-assessment

- Blood pressure screening
- Ankle brachial index screening for peripheral vascular disease
- Lipid profile including total cholesterol, good (HDL) and bad cholesterol (LDL), triglycerides and glucose. A 12-hour fast is required. (Medications can be taken with water. If you have diabetes check with your physician before fasting.)
- EKG to analyze heart

rhythm and measure electrical activity. This screening is not appropriate for those with prior cardiac bypass or stenting. The cost for the complete package is only \$125. Dates are available in May and June; appointments are required. To schedule your HeartScore appointment at LeConte Medical Center call 865.453.WELL (9355).



Physicians at Your Fingertips.

Call. Click. Connect.

Call (865) 453-9355 for a physician referral.

Click www.lecontemedicalcenter.com/physicians for full physician profiles.

Connect on your mobile device at m.lecontemedicalcenter.com



LECONTE
MEDICAL CENTER
Covenant
HEALTH

Count on LeConte

Are You STROKE AWARE?

May is Stroke Awareness Month, and the team at LeConte Medical Center wants to make sure you're prepared to recognize the signs and symptoms of stroke.

If you or someone you love is exhibiting any one of these symptoms it is imperative that you call 911, and that they get immediate emergency care.

When you're having a stroke, time is everything. That's why the Emergency Department at LeConte Medical Center is ready to take care of you, complete with immediate robotic stroke diagnostic capabilities and access to neurologists 24/7. Our partnership with Fort Sanders Regional Medical Center, the region's only comprehensive stroke center to be accredited by The Joint Commission and the Commission on the Accreditation of Rehabilitation Facilities, gives our patients direct access to rapid treatment and excellence in stroke care.

During the month of May please take a few minutes to familiarize yourself with the signs of stroke, and share the information with those you love. If it's stroke – time really does matter!



FACE

Look for an uneven smile



ARM

Check if one arm is weak



SPEECH

Listen for slurred speech



TIME

Call 911 at the first sign



More than 120 volunteers and guests enjoyed luncheon entertainment by Dollywood's Gem Tones.

LeConte Volunteers Honored for Their Service

On Monday, April 25, LeConte Medical Center honored volunteers with an annual awards banquet at the Holiday Inn, Pigeon Forge. The event opened with a welcome from hospital President and Chief Administrative Officer Jenny Hanson, who thanked the group for contributing more than 36,000 hours of service during 2015—which is the equivalent of over 17 full-time employees. The group continues to grow annually, contributing 2,800 more hours of service in 2015 than the prior year. Sevierville Mayor Bryan Atchley presented an official proclamation honoring the group during volunteer week. During lunch the volunteers enjoyed entertainment by the Gem Tones from Dollywood. After the meal volunteers were recognized by name for their 2015 hours of service.

Thank you to our amazing team of volunteers who dedicate their time and talents to LeConte Medical Center, LeConte Thrift

Shop, Fort Sanders Sevier Nursing Home, and Thompson Cancer Survival Center – Sevier. We're always accepting applications for new volunteers – if you're interested in learning more

about our available volunteer opportunities visit www.lecontemedicalcenter.com/volunteer or call (865) 446-8406.



Sevierville Mayor Bryan Atchley presents a volunteer week proclamation to volunteer coordinator Mary Bundren and LeConte chief administrative officer Jenny Hanson.

Bench Dedicated in Memory of Phil Carney

When former director of diagnostic services Phil Carney passed way unexpectedly in April 2015, the staff at LeConte Medical Center wanted to do something to memorialize him. On April 28 staff and family gathered to dedicate a bench in Carney's memory. The bench is

placed in the picnic courtyard of the hospital. LeConte president and chief administrative officer Jenny Hanson offered remarks remembering Phil's contributions to the medical center, Covenant Health and the community.



Above: Phil Carney, former director of diagnostic services.

Below: Family and friends gathered for the bench dedication in memory of Phil Carney. Pictured with the bench, from left to right front row: Amy Carney, Keaton Carney, Nancy Estey, Teresa Huskey, and Jenny Hanson. Back row: Megan and Kyndle Carney, Phil Carney, Jr., and Ali Dawkins.



From left to right: Volunteer Cindy Barnum and her husband Charlie, and volunteers JoAnn Vaughn, Bob Clements, Barbara and Doug Michael, Linda Henson and Gloria Randall.

We're Hiring!

LeConte Medical Center and Fort Sanders Sevier Nursing Home are looking for outstanding team members! For a complete list of available jobs, visit www.covenantcareers.com and apply online today!

DURING THE MONTH OF MAY WE CELEBRATE NATIONAL HOSPITAL WEEK AND NATIONAL NURSING HOME WEEK.

Thank you to all of our employees for the amazing job they do caring for our patients, and our community.

